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Robert L. Craig Newsletter

January 2021



Every Child. Every Day. Every Chance.

Board of Education Members:

Mr. David Vaccaro
 Mr. James Campbell
 Mr. Charles Pallas
 Mr. Edmond Monti
 Mr. Matthew Vaccaro

Meeting Dates:

January 5 and 19, 2021
 6:30 PM

From the Desk of Mr. James Knipper,
Superintendent/Principal

Welcome back Robert L. Craig School! I hope you had a safe, healthy, happy and fun winter break with your families. As we embark on 2021, I thank you for your patience, flexibility, and understanding during this challenging time. Please know that the health and safety of our students and staff is the utmost concern of our administration and leadership team. I will continue to communicate changes as quickly as possible, to ensure timely decisions and planning can be made within your home. As always, please do not hesitate to reach out with any questions, concerns, or clarifications.

Sincerely,

James Knipper, Superintendent/Principal

Always Remember: Do Your Best and You Are Special!

2021
 Happy New Year

Moonachie School District – January 2021
Live & Remote Instructional Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
				1 New Year's Day
4	5	6	7	8 No School
Full Remote Instruction 3:05 Dismissal	Full Remote Instruction 3:05 Dismissal	Full Remote Instruction 3:05 Dismissal	Full Remote Instruction 3:05 Dismissal	Full Remote Instruction 3:05 Dismissal
11	12	13	14	15
Full Remote Instruction 3:05 Dismissal	Full Remote Instruction 3:05 Dismissal	LIVE Instruction 3:05 Dismissal	LIVE Instruction 3:05 Dismissal	LIVE Instruction 3:05 Dismissal
18 Martin Luther King Day No School	19	20	21	22
	Full Remote Instruction 3:05 Dismissal	LIVE Instruction 3:05 Dismissal	LIVE Instruction 3:05 Dismissal	LIVE Instruction 3:05 Dismissal
25	26	27	28	29
Full Remote Instruction 3:05 Dismissal	Full Remote Instruction 3:05 Dismissal	LIVE Instruction 3:05 Dismissal	LIVE Instruction 3:05 Dismissal	LIVE Instruction 3:05 Dismissal

*Please Remember, if at any point the Northeast Region enters RED (Very High) on the New Jersey Department of Health COVID-19 Activity Level Report, we MUST implement FULL Remote Learning. If this occurs, Mr. Knipper will communicate the change to programming as quickly as possible. *

*Recuerde, si en algún momento la Región Noreste entra en ROJO (Muy alto) en el Informe de nivel de actividad COVID-19 del Departamento de Salud de Nueva Jersey, DEBEMOS implementar el aprendizaje remoto COMPLETO. Si esto ocurre, el Sr. Knipper comunicará el cambio a la programación lo más rápido posible. *



UPCOMING EVENTS

- 1/5 BOE Meeting 6:30 PM
- 1/13 PTO Meeting 6:30 PM
- 1/18 School closed MLK Jr. Day
- 1/19 BOE Meeting 6:30 PM
- 1/25 PTO Valentine 's Day cookie sale begins
- 1/28 2nd MP ends
- 1/29 3rd MP begins

PTO News

Hello Moonachie families! Happy New Year! Hope everyone is safe and enjoyed their break. We were so happy to see so many of you at the Santa letter drop off! Just some quick updates for January. We will be holding a meeting on January 13th. More information on how to join will be provided as we get closer to the date. Also want to let you know we will be having our Valentine's Day cookie sale next month! Keep an eye out for the order form! Be well!





Robert L. Craig School Picture RETAKE Day

Please be advised that School Picture RETAKE Day for **LIVE and REMOTE learners** has been changed to **THURSDAY, February 25, 2021 from 10am - 2pm.**

Pictures can be ordered online at mylifetouch.com with Picture Day ID: EVTS624V9

REMOTE students please contact Alyssa Spitaleri at 201.641.5833 x123 or aspitaleri@moonachieschool.org to schedule a time for your school photo to be taken!

We would like to **CONGRATULATE Haylie Castillo, Kiara Cerna and Samuel Santamaria** for being chosen as the December Students of the Month!



Meadowlands Area YMCA Nita M. Lowey

21st Century Community Learning Center



The Meadowlands Area YMCA 21st CCLC After School Program is open from Wednesday through Friday from 3PM to 6PM. The program offers Homework Help, Tutoring, Technology and Fine Arts along with virtual programs such as Chess, Enrichment, ESL, Saturday Tutoring and Fine Arts.

In order to participate in any of the programs you must be registered. The registration form can be found on the school website under the YMCA program.

The Meadowlands Area YMCA Nita M. Lowey 21st CCLC teamed up with the Borough of Moonachie, Moonachie Police Department and Robert L. Craig PTO to provide a children a place to go and drop off their letters to Santa.

On Saturday, December 19, 2020, children from Moonachie were excited to drive by the Robert L. Craig School where they were met by Santa Clause and were able to give him their letter. The children were presented with gifts and candy while listening to live music.

The drive by event was a success with over 100 participants.



THE RLC BEAT

By Donna Gallo BSN MEd RN, School Nurse

New parents are told "Take care of yourself first so you can then take care of your child." It's the same principal as an airline passenger whose oxygen mask comes down during turbulence. The airline staff informs each individual to "put on your oxygen mask first" before helping others. Amazingly, during this pandemic, how many have forgotten this very thing. Many are taking care of children, parents, maybe even an elderly neighbor. You have become parent, work at home staff and even teacher. When do you find the time to take care of yourself?

Here are some basic suggestions on self-care...yes, YOU! Try ONE new thing each day.

Take short breaks to relax throughout the day. Meditation, a short walk, listening to music all can help.

Treat yourself to healthy foods and make sure you are getting enough sleep. Minimize drinks with caffeine as they may make it hard for you to unwind at night. Try nighttime activities that do not include television or computer time. The light that these devices emit stimulate your brain making it harder to relax and sleep.

Below are some links that will give you more information. Remember you are a role model. You might just be giving your child a life lesson on self-care techniques. Stay well and Happy New Year.

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/mental-health/Parents-Care-for-Yourself.pdf>

<https://www.parents.com/parenting/technology/the-7-best-meditation-apps-for-moms/>

<https://childmind.org/article/self-care-in-the-time-of-coronavirus/>